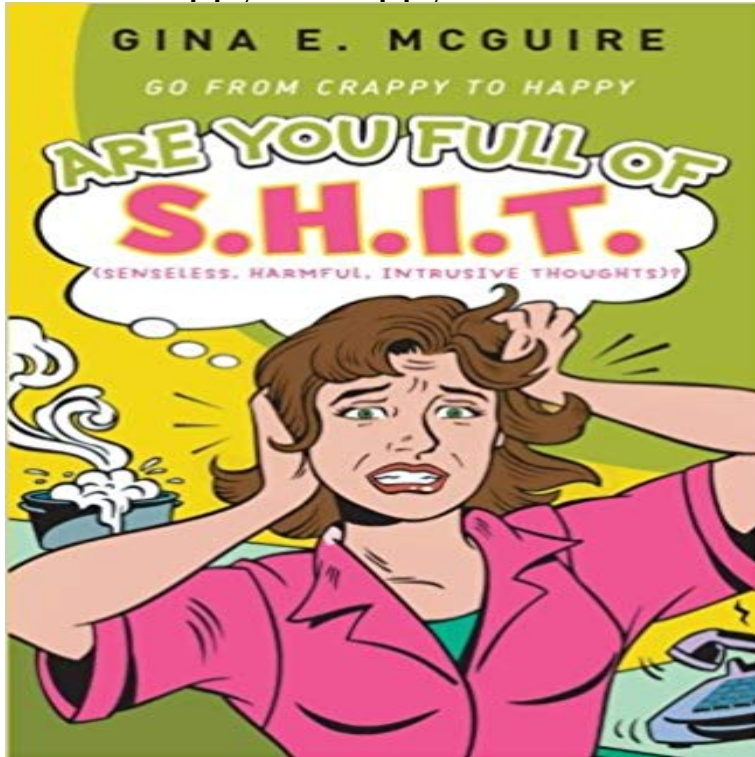


Are You Full of S.H.I.T.(Senseless, Harmful, Intrusive Thoughts)?: Go from Crappy to Happy



Is your brain full of senseless, harmful, intrusive thoughts? Are you wondering how to flush them out once and for all? Going from crappy to happy is really only a thought away. It all starts with the food for thought that you use to fuel your brain. Choose to feed it insightful and inspirational words, and you'll learn to potty-train your brain!

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